



CYNTHIA SALTER-LEWIS MD
ANTI-AGING & COSMETIC MEDICINE



Frequently asked Questions about *KYBELLA*

What is *KYBELLA*?

KYBELLA is the first and only FDA-approved injectable treatment to improve the appearance of moderate to severe fat beneath the chin by literally destroying fat cells permanently. It treats “Double chin,” or what some people call, “Turkey neck.”

How Does *KYBELLA* work?

It is injected into the fat beneath your chin and destroys fat cells. These fat cells cannot store or accumulate fat ever again.

What is the active ingredient in *KYBELLA*?

The active ingredient in *KYBELLA* is deoxycholic acid, a naturally occurring molecule in the body that aids in the absorption and breakdown of dietary fat.

Am I a candidate for *KYBELLA*?

If you lift up your chin and can grab unwanted fat then *KYBELLA* may be right for you. Consult with the doctor to determine if *KYBELLA* might be right for you.

How was *KYBELLA* studied?

In a global clinical development program, *KYBELLA* was tested in more than 20 clinical studies, during which more than 1600 people worldwide were treated with *KYBELLA*.

What is “submental fullness”?

Submental fullness is the medical term to describe unwanted fat or fullness underneath your chin. This may be commonly known as a “double chin.”

Do I have fat under my chin because I’m overweight?

Sometimes, even with diet or exercise, the unwanted fullness may not go away. Causes of fat underneath the chin include genetics, weight gain, or aging.



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Will I need more than one *KYBELLA* treatment?

It depends on the amount and distribution of your submental fat and your personal treatment goals. Typically patients reach their goals with 2-4 treatments. The doctor will decide the number of treatments that's best for you.

How long will *KYBELLA* last? Will I need further treatment?

Once the goal is achieved, further treatment is not expected unless there is a dramatic change in weight. Typically the results are life long.

What can I expect at my Treatment Session?

KYBELLA is a nonsurgical treatment administered during an in-office visit. The injection process may take 20-30 minutes. You will receive a topical numbing agent in the area to be treated. Once you are numb, you will receive a series of injections into the fat under your chin at each treatment session.

What are treatment intervals?

The treatments are 6-8 weeks apart.

What are the side effects?

The most common side effects include swelling, bruising, pain, numbness, redness, and areas of hardness in the treatment area. Other uncommon side effects include nerve injury in the jaw (which can cause an uneven smile or facial muscle weakness). Also trouble swallowing is an uncommon side effect. Usually side effects resolve with time and on their own.

What can I expect after the procedure?

You should be able to resume normal activities after the procedure. You are likely to have swelling in the neck area, so keep your social plans and work commitments in mind when scheduling treatments. For many people, downtime with *KYBELLA* occurred most commonly after the first treatment. Down time was much less with subsequent treatment.



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Do the *KYBELLA* injections hurt?

The injections feel like a small pinch. Prior to your treatment session, we will provide topical local anesthesia to the treatment area to make you more comfortable. After treatment, apply ice or a cold pack to the treatment area as needed.

What results can I expect with *KYBELLA*?

You can see before and after pictures of patients treated with *KYBELLA* at MyKybella.com

How soon will I see results?

Results are not immediate. *KYBELLA* works gradually to destroy fat cells. You may start to see initial results 4-6 weeks after each treatment session.

ENROLL. EARN. REDEEM



Brilliant Distinctions and *KYBELLA*

How many points do I earn with each treatment?

With each *KYBELLA* injection, you will earn 400 Brilliant Distinctions points.

Can I redeem points on treatments other than Kybella?

Yes, the Brilliant Distinctions Program allows you to enjoy savings on select Allergan treatments and products, not just *KYBELLA*. You can save on Botox, Juvéderm, and Voluma.

How do I register for Brilliant Distinctions?

You can register for Brilliant Distinctions at BrilliantDistinctionsProgram.com to begin enjoying rewards, special offers, and personalized content.